



# Uccha (Exalted) and Neecha (Debilitated) Planets

By Arpita Nath · How to Read a Chart · 2026-07-27

In Vedic Astrology (Jyotish), planets are not static - their power, comfort and ability to give results change depending on which zodiac sign (Rashi) they are sitting in. Two of the most crucial concepts for judging a planet's strength in a birth chart (Kundli) are Exaltation (Uchha) and Debilitation (Neecha).

## What Does Exalted Mean? (Uchha)

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A planet is exalted when it sits in the zodiac sign where its core nature, energy and qualities can express themselves at their absolute highest potential.

- **The Vibe:** Imagine a king sitting on his throne or a top expert working in their state-of-the-art office.
- **The Result:** An exalted planet operates with supreme confidence, grace and strength. It bestows maximum positive results with minimal effort during its planetary period (Dasha).

## What Does Debilitated Mean? (Neecha)

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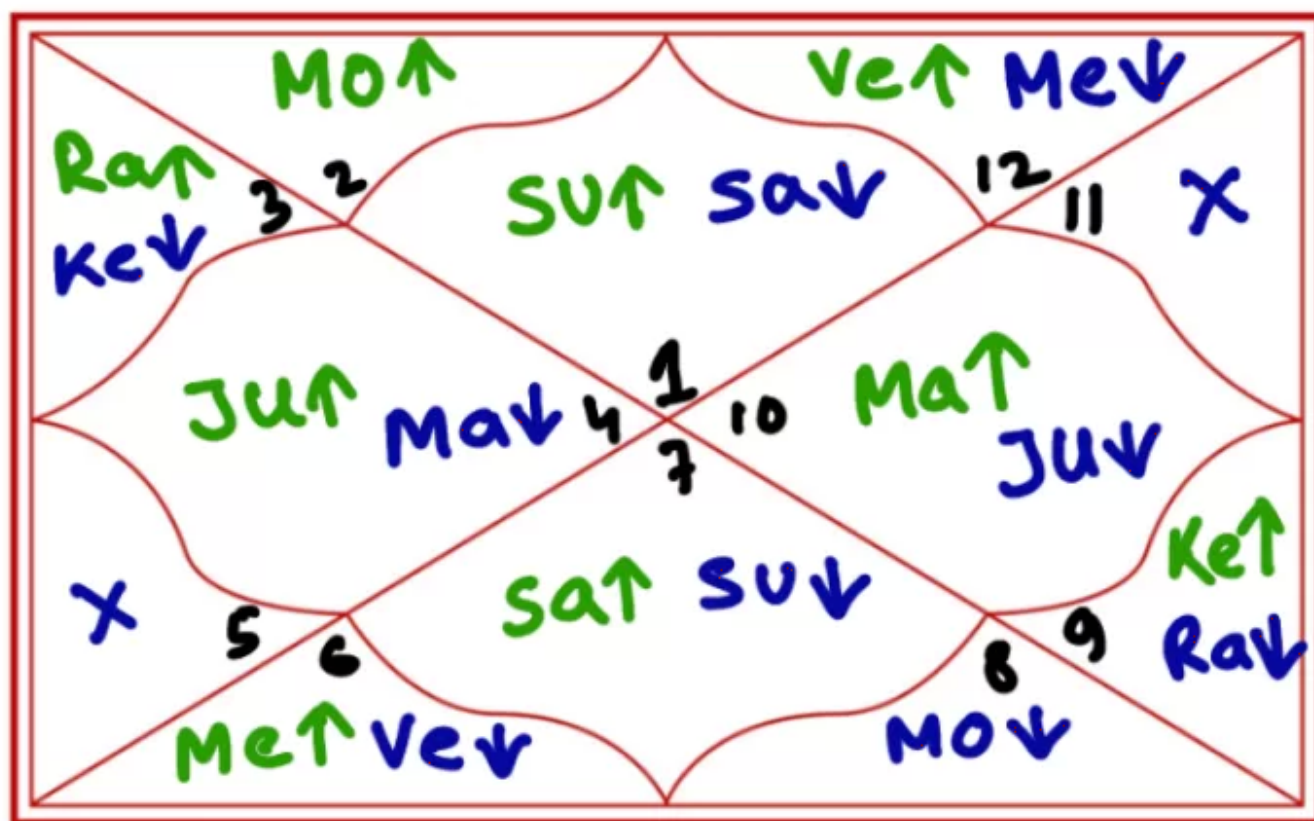
A planet is debilitated when it enters the sign directly opposite (180 degrees away from) its exaltation sign. In this environment, its natural energy feels restricted, uncomfortable or misdirected.

- **The Vibe:** Imagine a fish trying to walk on dry land or a CEO forced to work in an environment where their skillset is completely ignored.
- **The Result:** A debilitated planet struggles to express its positive traits easily. It can lead to self-doubt, delays or frustration regarding the areas of life that planet rules - unless supported by cancellation rules (Neecha Bhanga).

## The Master List : Exalted & Debilitated Planets

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## Exalted & Debilitated Planets



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### 1. Surya (The Sun)

- **Exalted In:** Mesha (Aries) — Peak strength at 10°
- **Debilitated In:** Tula (Libra) — Lowest point at 10°
- **Core Vibe:** High leadership and confidence in Aries; loss of ego and boundary struggles in Libra.

### 2. Chandra (The Moon)

- **Exalted In:** Vrishabha (Taurus) — Peak strength at 3°
- **Debilitated In:** Vrishchika (Scorpio) — Lowest point at 3°
- **Core Vibe:** Emotional stability and grounded comfort in Taurus; intense emotional volatility and anxiety in Scorpio.

### 3. Mangal (Mars)

- **Exalted In:** Makara (Capricorn) — Peak strength at 28°
- **Debilitated In:** Karka (Cancer) — Lowest point at 28°

- **Core Vibe:** Disciplined, strategic action in Capricorn; erratic, overly emotional reactions in Cancer.

#### 4. Budh (Mercury)

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- **Exalted In:** Kanya (Virgo) — Peak strength at 15°
- **Debilitated In:** Meena (Pisces) — Lowest point at 15°
- **Core Vibe:** Sharp logic, detail and analytical skill in Virgo; chaotic thinking or over-idealism in Pisces.

#### 5. Guru / Brihaspati (Jupiter)

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- **Exalted In:** Karka (Cancer) — Peak strength at 5°
- **Debilitated In:** Makara (Capricorn) — Lowest point at 5°
- **Core Vibe:** Deep wisdom, generosity and devotion in Cancer; cynicism or rigid materialism in Capricorn.

#### 6. Shukra (Venus)

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- **Exalted In:** Meena (Pisces) — Peak strength at 27°
- **Debilitated In:** Kanya (Virgo) — Lowest point at 27°
- **Core Vibe:** Unconditional love, creative genius and spiritual art in Pisces; overly critical, transactional love in Virgo.

#### 7. Shani (Saturn)

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- **Exalted In:** Tula (Libra) — Peak strength at 20°
- **Debilitated In:** Mesha (Aries) — Lowest point at 20°
- **Core Vibe:** Perfect justice, balance and diplomatic discipline in Libra; impatience and rash frustration in Aries.

#### 8. Rahu (North Node)

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- **Exalted In:** Vrishabha (Taurus) / Mithuna (Gemini)\*
- **Debilitated In:** Vrishchika (Scorpio) / Dhanu (Sagittarius)\*
- **Core Vibe:** Grounded ambition in Taurus/Gemini; intense mental obsessions in Scorpio/Sagittarius.

#### 9. Ketu (South Node)

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- **Exalted In:** Vrishchika (Scorpio) / Dhanu (Sagittarius)\*

- **Debilitated In:** Vrishabha (Taurus) / Mithuna (Gemini)\*
- **Core Vibe:** Deep spiritual insights and transformation in Scorpio/Sagittarius; restlessness and detachment in Taurus/Gemini.

\*(Note: Because Rahu and Ketu are shadow planets, classical texts vary slightly, but Taurus/Gemini for Rahu and Scorpio/Sagittarius for Ketu are the most widely accepted exaltation placements.)

## Quick Summary

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A planet's exaltation or debilitation sign isn't a final verdict on your life - it is simply a map of where that planet feels comfortable. A debilitated planet often teaches profound life lessons through early struggles, while an exalted planet offers natural talent that must still be directed with discipline!

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<https://astroarpitanath.com/exalted-debilitated-planets/>

Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.