



An Introduction to Navagraha & Navratna

By Arpita Nath · Gemstones & Rudraksha · 2026-07-27

Have you ever wondered how the stars and planets influence our lives according to ancient Indian traditions? Or why some people wear beautiful jewellery with nine different gems? Today, let's explore two fascinating concepts from Vedic astrology:

- **Navagraha** (the nine planets)
- **Navratna** (the nine gems)

I'll keep it simple and easy to understand.

What is Navagraha?

Navagraha

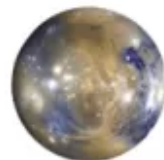
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Sun
(Surya)



Moon
(Chandrama)



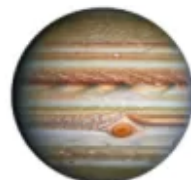
Mercury
(Budh)



Venus
(Shukra)



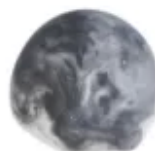
Mars
(Mangal)



Jupiter
(Guru)



Saturn
(Shani)



Rahu



Ketu

“**Navagraha**” comes from the Sanskrit words “**nava**” (nine) and “**graha**” (planets). In Hindu astrology, these are nine celestial bodies believed to affect our lives, health, happiness and destiny.

The Navagraha include:

- **Surya (Sun)** — represents energy, leadership and vitality.
- **Chandra (Moon)** — influences emotions, mind and intuition.
- **Mangal (Mars)** — for courage, strength and action.
- **Budh (Mercury)** — governs intelligence, communication and wit.
- **Guru (Jupiter)** — brings wisdom, prosperity and growth.
- **Shukra (Venus)** — rules love, beauty and luxury.
- **Shani (Saturn)** — teaches discipline, hard work and karma.
- **Rahu (North Lunar Node)** — associated with desires and illusions.
- **Ketu (South Lunar Node)** — linked to spirituality and detachment.

Many Hindu temples have a special area for Navagraha worship. People pray to them to reduce negative influences and gain positive energy.

What is Navratna?

“**Navratna**” means “nine gems.” These are nine precious or semi-precious stones, each linked to one of the Navagraha. Wearing them as jewellery (like rings, pendants or bracelets) is believed to balance planetary energies and bring good luck, protection and harmony.

Traditional Navratna gems and their connections

Navratna



Red Coral / Mooga
(Mars / Mangal)



Diamond / Heera
(Venus / Shukra)



Emerald / Panna
(Mercury / Budh)



Pearl / Moti
(Moon / Chandrama)



Ruby / Manik
(Sun / Surya)



Yellow Sapphire / Pukhraj
(Jupiter / Guru)



Blue Sapphire / Neelam
(Saturn / Shani)



Hessonite / Gomed
(Rahu)



Cat's Eye / Lehsuniya
(Ketu)

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- **Ruby (Manik)** — for the Sun (strength and confidence)
- **Pearl (Moti)** — for the Moon (peace and emotional balance)
- **Red Coral (Moonga)** — for Mars (courage and energy)
- **Emerald (Panna)** — for Mercury (intelligence and speech)
- **Yellow Sapphire (Pukhraj)** — for Jupiter (wisdom and wealth)
- **Diamond (Heera)** — for Venus (love and luxury)
- **Blue Sapphire (Neelam)** — for Saturn (discipline and justice)
- **Hessonite (Gomed)** — for Rahu (clarity and protection from negativity)
- **Cat's Eye (Lehsunia)** — for Ketu (spirituality and intuition)

The beautiful connection

The magic happens when Navagraha meets Navratna. Each gem strengthens or pacifies its corresponding planet. Wearing all nine together is thought to create overall balance, no matter your horoscope. It's like having a cosmic shield for health, success and peace.

In ancient times, kings and queens wore Navratna for power and protection. Today, many people wear it for similar reasons — plus, it looks stunning.

If you're interested in astrology, consult an expert before wearing specific gems, as some can be powerful.

That's it for this simple guide. Navagraha and Navratna show how ancient wisdom connects us to the universe. What do you think — fascinating, right?

<https://astroarpitanath.com/gemstones/>

Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.