



How to Calculate Longevity in Vedic Astrology

By Arpita Nath · Advance Astrology Notes · 2026-09-10

In Maharishi Jaimini's system of astrology (**Jaimini Sutras**), determining longevity (**Ayurdaya**) follows a structured mathematical method. Rather than guessing, Jaimini astrology relies on core rules - called sutras - that categorize life span into three broad classes, followed by specific planetary cycles (Sthira Dasha) to determine the timeframe.

Longevity Calculator

Here are the exact sutras and rules applied in Jaimini longevity calculation.

1. The Three Primary Longevity Classes

Jaimini astrology divides human lifespan into three primary categories:

- **Alpayu (Short Life): 0 to 32 years**
- **Madhyayu (Medium Life): 32 to 64 years**
- **Poornayu (Long Life): 64 to 96 years**

2. The Sutra of the Three Pairs (Jaimini Ayurdaya Scheme)

To determine which class of longevity applies to a chart, Jaimini evaluates the zodiac sign types - Movable (Chara), Fixed (Sthira) or Dual (Dvisvabhava) - for three key pairs:

- **Pair 1: Lord of the Lagna (Ascendant) and Lord of the 8th House**
- **Pair 2: Saturn and the Moon**
- **Pair 3: Lagna (Ascendant Sign) and Hora Lagna**

3. The Sign-Combination Rule (The Sutra Rules)

The combination of sign types for each pair yields a specific longevity result:

- **Both signs are Movable OR One is Fixed + One is Dual:** Indicates Alpayu (Short Life).
- **Both signs are Dual OR One is Movable + One is Fixed:** Indicates Poornayu (Long Life).

- **Both signs are Fixed OR One is Movable + One is Dual:** Indicates Madhyayu (Medium Life).

4. The Majority Rule (Rule of Two out of Three)

Once each of the three pairs is calculated, the overall longevity class is decided by majority vote:

- Whichever longevity class appears at least 2 out of 3 times becomes the final primary longevity class.
- **Exception:** If all three pairs give three different results (one Alpayu, one Madhyayu, one Poornayu), the result given by the **Lagna and Hora Lagna pair overrides the others.**

5. Timing the Period via Sthira Dasha (The Brahma Planetary Clock)

Once the longevity class (Poornayu: 64–96 years) is established, Jaimini uses Sthira Dasha (Fixed Periods) to map out the years:

- **Identifying the Brahma Planet:** The strongest functional planet among the 6th, 8th and 12th lords relative to the Lagna/7th house is nominated as Brahma.
- **Starting the Dasha:** The Sthira Dasha cycle begins from the sign occupied by the Brahma planet.
- **Sign Durations in Sthira Dasha:**
 - Movable signs run for 7 years
 - Fixed signs run for 8 years
 - Dual signs run for 9 years
- **Determining the Timeframe:** The periods run sequentially forward until they complete the designated longevity window (for Poornayu, the window covering 64 to 96 years).

***Disclaimer:** This article is for informational and educational purposes only. Longevity calculations in Jaimini astrology are traditional symbolic frameworks designed to analyze life themes and energy cycles; they are not concrete medical predictions or definitive statements regarding lifespan. Personal choices, medical care and lifestyle factors play a primary role in

health and well-being. Always consult qualified healthcare professionals for medical advice and health-related concerns.

<https://astroarpitanath.com/longevity-in-astrology/>

Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.