



Positive - Kendra, Trikona & Upachaya Houses

By Arpita Nath · How to Read a Chart · 2026-07-28

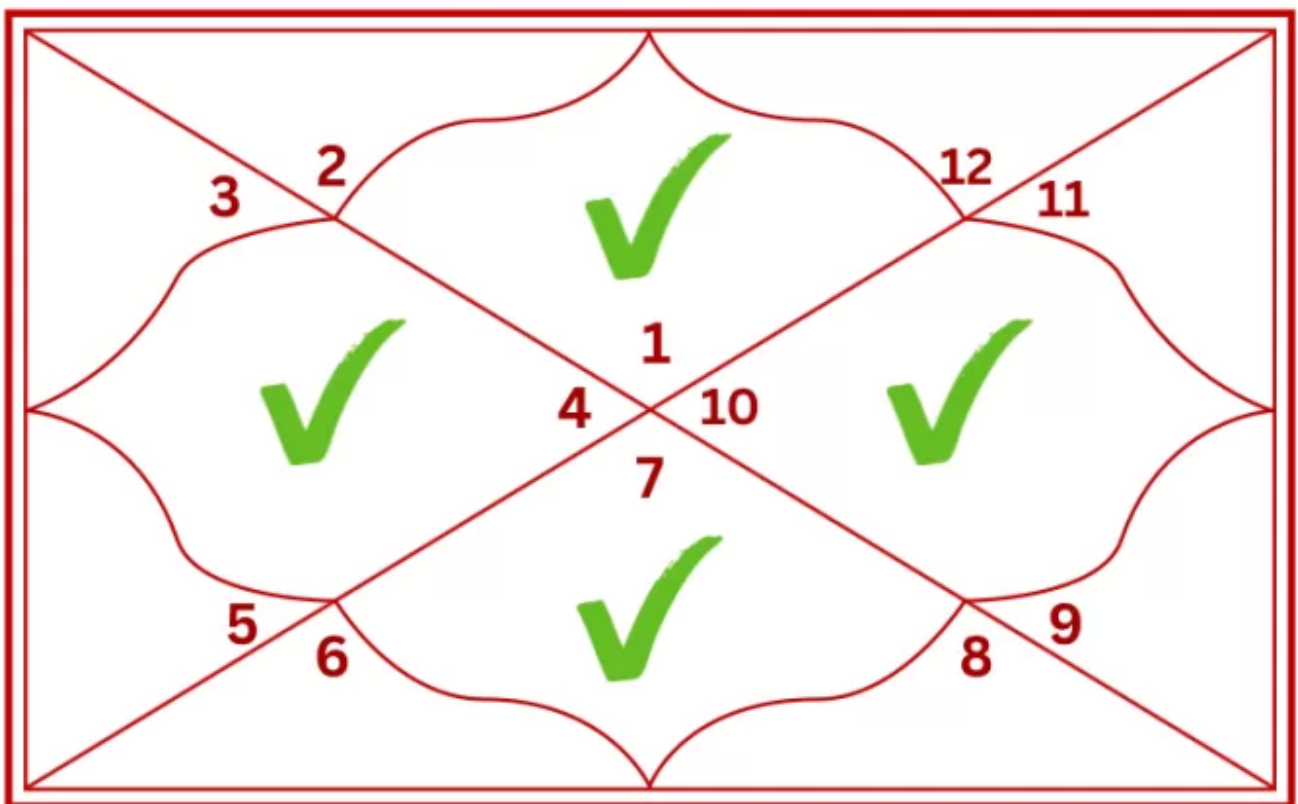
In Vedic Astrology (Jyotish), the 12 houses (Bhavas) of a birth chart (Kundli) are grouped into distinct functional categories. While some houses present karmic tests, the positive house classifications - specifically Kendra, Trikona and Upachaya; form the backbone of strength, luck, success and continuous growth in life.

Understanding these house groups makes evaluating chart potential and planetary power straightforward.

1. Kendra Houses (The Pillars of Power & Action)

The Kendra houses are the cornerstone houses of the birth chart: 1st, 4th, 7th and 10th.

Kendra Houses



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- **Significance:** Known as the Vishnu Sthanas (sustaining houses), they govern the tangible,

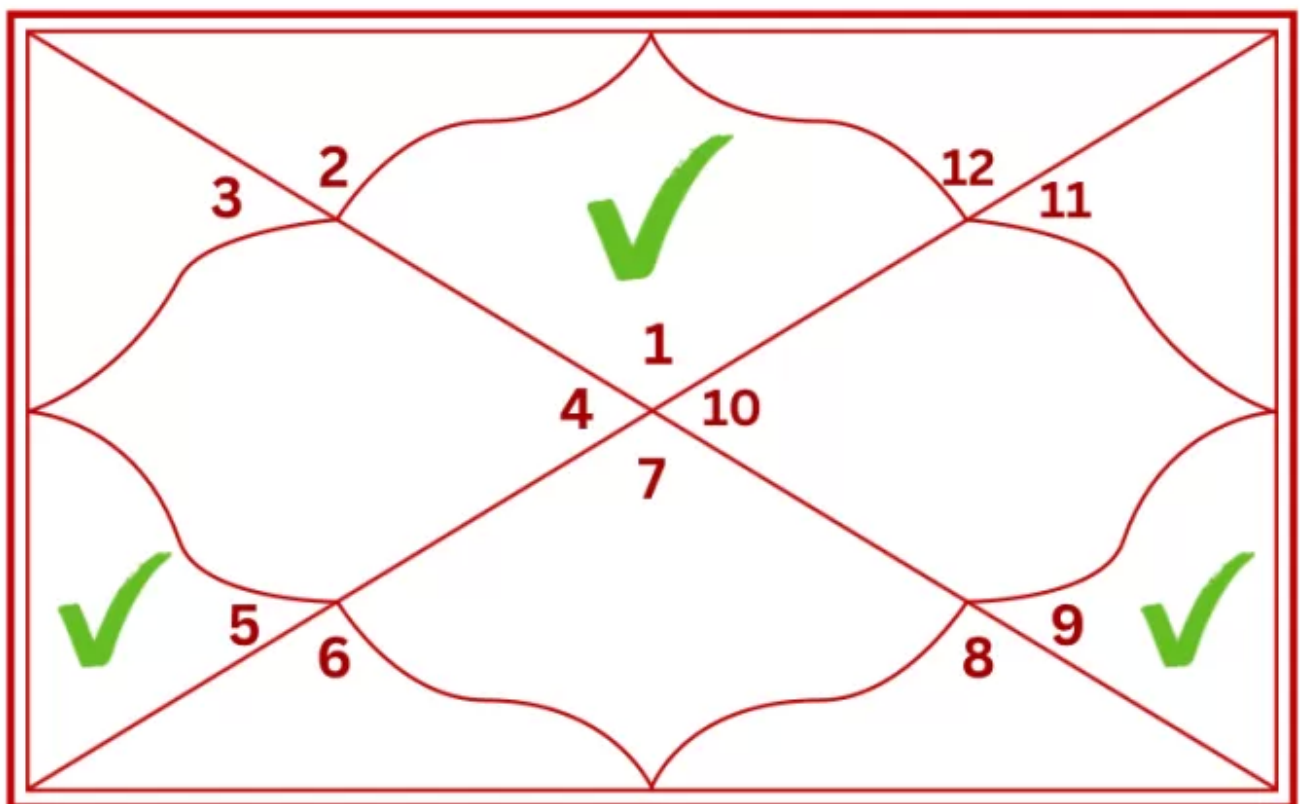
structural pillars of life - self/health (1st), home/emotional peace (4th), partnerships/marriage (7th) and career/status (10th).

- **Governs:** Physical body, domestic peace, spouse/business partners and career.
- **Key Feature:** Any planet placed in a Kendra house becomes highly active and capable of manifesting concrete results.

2. Trikona Houses (The Houses of Luck & Grace)

The Trikona (Trine) houses are the most auspicious houses in Jyotish: 1st, 5th and 9th.

Trikona Houses



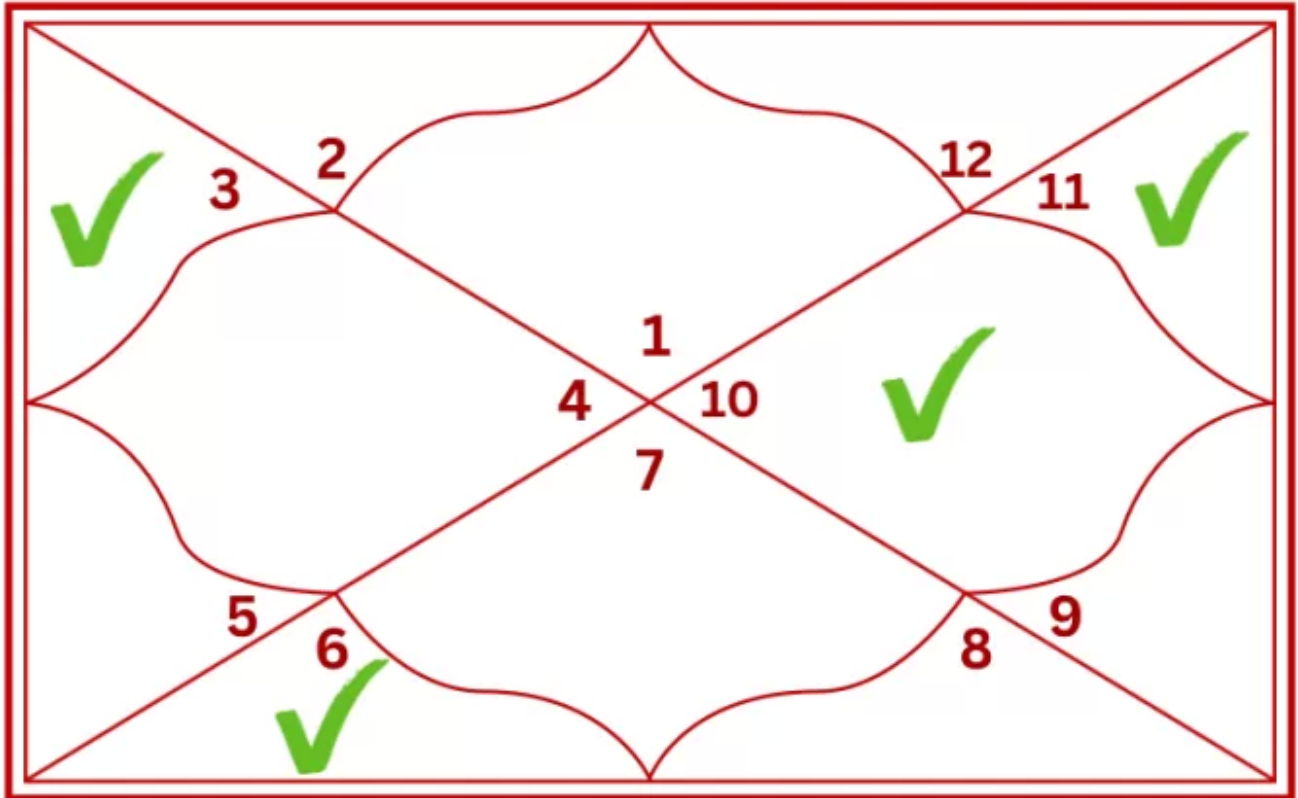
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- **Significance:** Known as the Lakshmi Sthanas (houses of prosperity and grace), they represent past-life good karma (Purva Punya), divine blessings, intelligence, morality and overall luck.
- **Governs:** Self/Identity (1st), Intelligence/Children/Speculation (5th), Higher Wisdom/Dharma/Luck (9th).
- **Key Feature:** The 1st House is unique because it is both a Kendra and a Trikona, making the Ascendant/Lagna the ultimate focal point of the entire chart!

3. Upachaya Houses (The Houses of Growth & Improvement)

The Upachaya houses are the houses of progressive growth: 3rd, 6th, 10th and 11th.

Upachaya Houses



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- **Significance:** The word Upachaya literally means "improvement" or "accumulation." These houses require personal effort, discipline and time, but they guarantee continuous improvement as you age.
- **Governs:** Courage/Effort (3rd), Overcoming Enemies/Debts/Health (6th), Career/Actions (10th), Income/Desires/Networks (11th).
- **Key Feature:** Malefic planets (like Saturn, Mars, Rahu and Sun) perform exceptionally well in Upachaya houses because their harsh energy is channeled into fighting competition (6th), taking bold initiative (3rd), working hard (10th) and building wealth (11th).

The Ultimate Combination: Raj Yoga

In Vedic Astrology, when the ruler of a Kendra house joins, aspects or exchanges signs with the ruler of a Trikona house, it forms a Dharma-Karma Adhipati Raj Yoga - the highest combination for power, authority, fame and lasting success in a Kundli!

Summary

- Kendra houses provide the foundation and power to act.
- Trikona houses provide the luck and grace to succeed easily.
- Upachaya houses provide the grit and resilience to grow stronger every year.

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Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.