



Remedies for Avoiding Divorce in Vedic Astrology

By Arpita Nath · Remedies · 2026-09-17

When marital conflict reaches a critical threshold and threatens legal separation or divorce, classical Vedic Astrology (Jyotish) applies targeted remedial measures (Upayas) to pacify severe malefic influences, restore mutual tolerance and protect the marital bond.

These remedies focus on strengthening divine wisdom and grace, pacifying aggressive and separative planets (Mars, Saturn, Rahu and Ketu), and harmonizing communication between partners.

1. Rudraksha Therapy for Relationship Protection

Wearing specific Rudraksha beads helps balance nervous system agitation, clear emotional discord and foster a deeper bond between spouses:

- **2 Mukhi Rudraksha:** Promotes unity, mutual understanding, and harmony in relationships by embodying the unified divine archetype of Shiva and Parvati (Ardhanarishvara).
- **6 Mukhi Rudraksha:** Helps control anger, ego clashes, and impatience, fostering balanced, non-combative communication between partners.
- **Gauri Shankar Rudraksha:** Two naturally conjoined beads representing the divine union; highly effective for dissolving emotional divides and improving love, trust and lasting harmony.

2. Sacred Mantra Chanting (Japa)

Mantra recitation re-aligns the mental atmosphere of the home, calms planetary distress and invokes divine protection:

- **Guru Beej Mantra (For Wisdom, Grace, and Protection):** "Om Gram Greem Groom Sah Gurave Namah" **Purpose:** Strengthens Jupiter (Guru), the primary protector of marital longevity and domestic wisdom, helping couples approach disputes with maturity rather than ego.
- **Vishnu Lakshmi Mantra (For Mutual Affection and Family Harmony):** "Om Shreem

Lakshmi Narayanaya Namah"**Purpose:** Harmonizes the household, preserves marital commitment and attracts peace and emotional stability.

- **Durga Saptashati Recitation:****Purpose:** Classical scripture recitation used to eliminate toxic negativity, neutralize hidden enmity and dissolve stubborn obstacles threatening the relationship.

3. Pooja Remedies

- **Guru Pooja:** Dedicated ceremonial worship of Lord Jupiter (Brihaspati) to revive divine grace (Bhagya), rectify afflicted relationship houses and introduce moral tolerance and forgiveness into a troubled union.

4. Remedial Donations (Daan)

Donating items corresponding to separative planets neutralizes aggressive friction, delays and sudden karmic breakdowns:

Mars (Mangal) — Donated on Tuesdays:

- **Items:** Red items such as red lentils (masoor dal), copper or red cloth.
- **Purpose:** Mitigates volatile aggression, cools fiery tempers and resolves destructive conflicts.

Saturn (Shani) — Donated on Saturdays:

- **Items:** Black items such as black sesame seeds, black clothes or iron.
- **Purpose:** Reduces deep-seated misunderstandings, clears chronic bitterness and eliminates delays in resolving disputes.

Rahu and Ketu — Remedial Donations:

- **Items:** Black or grey items, such as blankets, black sesame seeds or mustard oil.
- **Purpose:** Pacifies sudden chaotic upheavals, illusions, emotional detachment, and unexpected legal friction caused by the lunar nodes.

<https://astroarpitanath.com/remedies-for-avoiding-divorce/>

Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.