



Remedies for Career Growth and Job Success

By Arpita Nath · Astrology Remedies Notes · 2026-09-11

In Vedic Astrology (Jyotish), career trajectory, job security and professional status are governed by the 10th House (profession and fame), the 6th House (daily work and service), the 1st House (self and status) and key career planets: the Sun (authority and recognition), Saturn (work ethic and endurance) and Mercury (skills and commerce).

Primary Mantras for Professional Growth

1. Aditya Hrudayam Stotram

- **Target Issue:** Lack of recognition, office politics, delayed promotions or lack of authority.
- **Why it works:** Dedicated to the Sun God (Surya Dev), this sacred hymn grants leadership quality, boosts confidence and removes workplace rivals.
- **Practice:** Recite or listen to the “Aditya Hrudayam Stotram” on Sunday mornings facing East.

2. Hanuman Chalisa

- **Target Issue:** High job instability, fear of job loss, high pressure and heavy workload.
- **Why it works:** Shields against corporate politics, strengthens mental courage and converts workplace pressure into personal stamina.
- **Practice:** Recite the Hanuman Chalisa every morning before starting your work day.

3. Gayatri Mantra

- **Target Issue:** Mental confusion regarding career path, interview anxiety and lack of focus.
- **Why it works:** Sharpens the intellect (Dhi), cleanses decision-making channels and aligns personal effort with favorable timing.
- **Practice:** Chant 108 times during sunrise or every morning or before major professional meetings.

Specific Rituals & Physical Remedies

1. Water Offering (Arghya) to the Sun

- **Procedure:** Every morning within an hour of sunrise, offer clean water to the rising Sun from a copper vessel (Lota).
- **Enhancement:** Add a pinch of red sandalwood powder, Kumkum or a few red flower petals to the water. Look at the water stream while chanting Om Suryaya Namah.

- **Benefit:** Builds natural authority, personal magnetism and positive visibility among superiors.

2. Offering Water to a Peepal Tree

- **Procedure:** On Saturday mornings, offer water mixed with a little milk and black sesame seeds to a Peepal tree root, without touching the tree on Sundays.
- **Benefit:** Pacifies Saturn, removing obstacles in job retention, career stability and steady income flow.

3. Green Gram Offering for Skill Mastery

- **Procedure:** Soak whole green gram (Moong Dal) overnight on Tuesday nights and feed it to birds or cows on Wednesday mornings.
- **Benefit:** Strengthens Mercury, improving analytical capability, interview performance, communication and technical expertise.

4 Workplace Vastu & Lifestyle Adjustments

- **Facing Direction While Working:** Position your workspace desk so that you face East or North while working or taking calls. Facing North invites career opportunities (Kuber direction), while East enhances clarity and authority.
- **Keep Desk Clutter-Free:** Clear broken pens, dusty files and non-functional electronics from your workspace desk to maintain clear mental focus and smooth task execution.
- **Solid Back Support:** Sit with a solid wall behind your back rather than a window or open door. A solid wall behind your desk symbolizes strong organizational support and security.
- **Help Blue-Collar Staff:** Consistently treat junior staff, office cleaners and service workers with respect and fairness. Satisfied working-class energy directly strengthens functional Saturn, leading to long-term professional elevation.

<https://astroarpitanath.com/remedies-for-career-and-job/>

Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.