



Remedies for Delayed Marriage In Vedic Astrology

By Arpita Nath · Astrology Remedies Notes · 2026-09-10

In Vedic Astrology (Jyotish), marriage delays occur when primary relationship significators - such as the 7th House, its ruling lord, Jupiter (for women) or Venus (for men); face afflictions from Saturn, Rahu, Ketu or Mars.

Remedial measures aim to strengthen these natural significators (Karaka planets) and pacify malefic influences to remove karmic obstacles blocking union.

Primary Remedial Measures for Marriage Delays

1. Strengthening Jupiter (Guru)

Jupiter is the primary Vivaha Karaka (significator of marriage for women) and governs divine grace, wisdom and family expansion.

- **Thursday Fasting (Brihaspativar Vrat):** Observe fasts on Thursdays, wearing yellow attire and consuming non-salty food once a day.
- **Offerings:** Offer chana dal (yellow split chickpeas), turmeric and yellow flowers to a Banana tree or Lord Vishnu on Thursdays.
- **Mantra Practice:** Recite the Guru Beej Mantra (Om Gram Greem Grom Sah Gurave Namah) 108 times on Thursdays.

2. Strengthening Venus (Shukra)

Venus represents love, harmony, attraction and is the primary significator of marriage for men.

- **Friday Fasting:** Fast on Fridays and offer white sweets, kheer (rice pudding) or white flowers to Goddess Lakshmi.
- **Charity:** Donate white items—such as camphor, rice, sugar or silk clothes - to women or places of worship on Fridays.

- **Mantra Practice:** Recite the Venus Beej Mantra (Om Dram Dreem Drom Sah Shukraya Namah) 108 times on Fridays.

3. Deity Worship & Rituals

- **Swayamvara Parvathi Japa:** Reciting the Swayamvara Parvathi Mantra is considered a powerful traditional practice to remove marriage obstacles.
- **Gauri Shankar Rudraksha:** Wearing a genuine Gauri Shankar Rudraksha (which represents the divine union of Shiva and Parvati) helps align personal energy toward partnership.

Gauri Shankar Rudraksha



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- **Katyayani Vrat & Mantra:** Historically practiced by women seeking a suitable partner, chanting the Katyayani Mantra (Om Katyayani Mahamaye Mahayoginyadheeshwari...) on Fridays or during Navratri.

4. Malefic Specific Neutralizations

If the delay is driven by specific afflictions, targeted remedies apply:

- **Saturn Delay (7th House Saturn):** Offer seva at old age home or a Shani temple on Saturdays and practice patience in relationship choices.
- **Rahu/Ketu Affliction:** Offer water mixed with a pinch of sandalwood powder or raw milk to a Shiva Lingam on Mondays.
- **Mangal Dosha:** Perform Kumbh Vivah or recite the Hanuman Chalisa on Tuesdays to pacify aggressive Mars energy.

3 Practical Lifestyle & Energy Alignments

- **North-East & South-West Vastu:** Keep the North-East corner of the home clean and clutter-free to allow positive cosmic energy flow. The South-West (relationship zone) should be stable and free of mirrors or water elements.
- **Use of Turmeric in Bathing Water:** Adding a pinch of organic turmeric powder to your daily bath water on Thursdays helps balance Jupiterian aura.
- **Flowering Plants:** Keeping fresh pink or yellow flowering plants in the living area encourages warm, inviting social energy.

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Astrology is offered for guidance only. For important life decisions, please consult a qualified professional.